

St Matthew's Academy
My World of Work
Guide for Parents and
Carers



My World of Work for Parents and Carers

When it comes to making career decisions, you're one of the first people your child will turn to.

How My World of Work can help your child?

We've designed My World of Work to make it easy for your child to explore and discover careers that might suit them.

Registering for an account will help your child make the most of My World of Work.

Support them as they complete the tools and sections in their account.

By working through these tools, they'll be directed to jobs, Modern Apprenticeships and industries that might suit them.

Through this, they'll build career management skills, and be better able to make decisions about what's right for them.

About Me tool

Find careers that match your personality.

Strengths tool

Discover jobs that suit your strengths.

Skills Explorer tool

Learn which jobs match your skills.

Subject Choices tool

Find out where your subjects can take you.

Explore careers

Discover over 600 job profiles.

Changing career

Plan your next move with our advice.



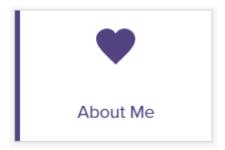
Our tools

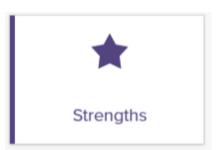
We've designed three 'core' tools to help your child learn more about themselves and map out their future:

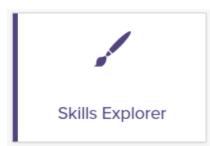
- About me: Relates their interests to different jobs, to help them discover careers they'll enjoy
- Strengths: Helps your child recognise what they have a natural flair for. It highlights the importance of their skills and how it ultimately helps them to choose a fulfilling career that they'll excel in
- **Skills explorer:** Lets your child identify their skills and find out how they relate to different jobs

Providing detailed results, these tools recommend jobs that might suit your child. And these results will help provide insight that'll help your child fill out job applications, or form the basis of a personal statement.

You can access these tools through their account - why not try them together?



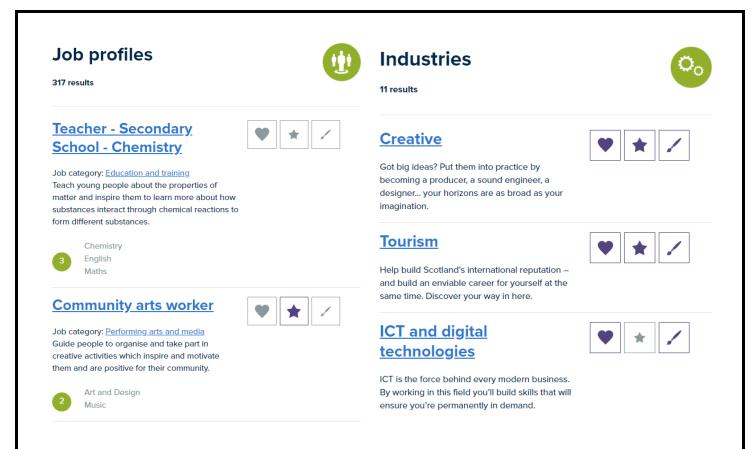




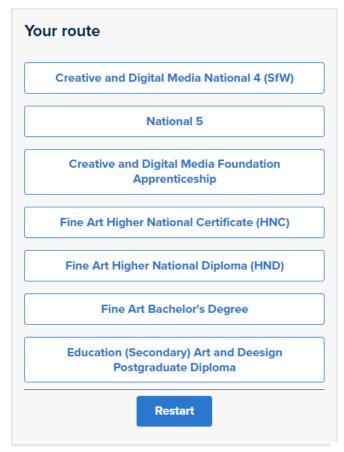
Explore careers

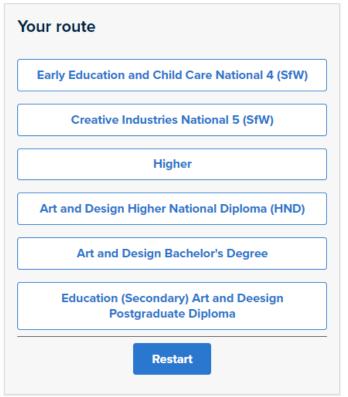
We have over 600 job profiles, covering everything from air traffic controller to biomedical scientist.

Each profile details the skills needed for the job, with salary information, vacancies, volunteer opportunities and related careers.



Want to know what qualifications they need to get in? You can explore and create qualification route maps. Here are examples of two routes into the same career:





Effective career conversations with your child

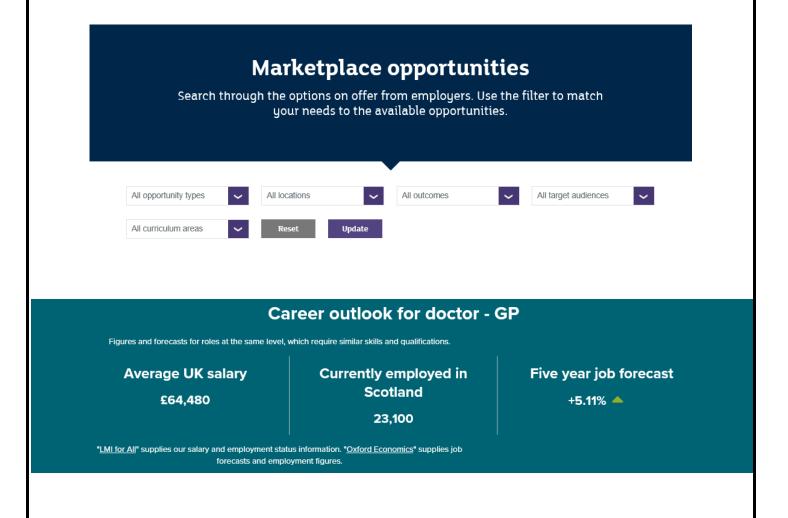
It's important to talk to your child about their career options.

Did you know we have a new site dedicated to supporting parents and carers have conversations?

Take a look at the My Kids Career section on the website.

You'll find:

- Up-to-date job opportunities, showing number of Scottish vacancies, alongside average salary
- Information on jobs of the future and growing industries
- Career paths to explore the ways your child can reach jobs
- Discussion guidelines around exams, subject choices and possible jobs
 - Stories and experiences from other parents



Is your child in S2-S3?



Subject choices

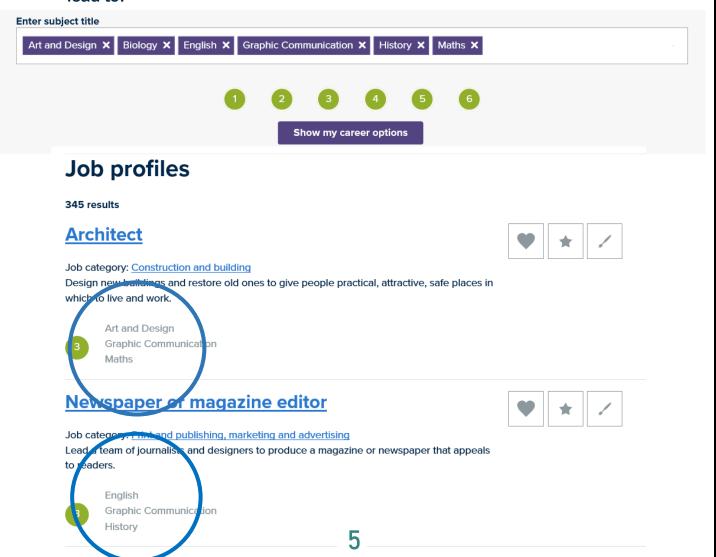
October and March, your child will pick subjects for their Nationals or Highers.

Subjects they choose can have an impact on what they can study at college or university, and what career paths are open to them.

Qualifications have changed, and it's important to understand what's changed since you were at school.

Luckily, the SCQF has put together a guide on this. You can also watch the video, which we produced with SQA, to explain some of the differences.

To help your child prepare for their choice, you could try our new subject choices tool, which helps them work out which jobs their subjects could lead to.



One-to-one careers support in schools

We're just part of the support your child can access through Skills Development Scotland (SDS).

Our professionally-qualified careers advisers offer information, advice and guidance (CIAG) in every state secondary school in Scotland. They can include group sessions or intensive one-to-one coaching. Talk to the school's careers adviser at parents night or school events, or ask to attend a subject choice one-to-one with your child and their careers adviser. A phone call can also be set up with them.

Is your child in S4-S6?

Whether they're preparing to leave school or preparing for their exams, we'll give you the advice you need to support them.

Examtime support

Supporting your child through their exams? It can be difficult to know what to say.

The SQA offer a handy guide which lets you know what to expect during the exam period, and includes timetables and past papers to explain each step of the process.

Once the exams are over, the advisors on our <u>Exam Results Helpline</u>, which runs each year on results day, can help.

Leaving school – what next?

Take a look at the options and support they can get after school

Apprenticeships

Apprenticeships have changed.

If your child likes to learn by doing things, an apprenticeship could help them get out of the classroom and ahead of the crowd.

They offer the chance to get hands-on experience with an employer, and work towards a qualification at the same time.

They'll learn on the job and pick up essential skills like time-management and team-working.

We support three different types of apprenticeships: Foundation Apprenticeships, Modern Apprenticeships and Graduate Level Apprenticeships

Getting a job 🔥

Apprenticeships

Foundation, Modern or Graduate. Discover the different types of apprenticeship in Scotland.

Support for parents

>

Apprenticeships and your child

Find out how an here's how an apprenticeship can help towards your child's future career.

Funding

If your child is starting a course, or another form of learning, they could be entitled to funding to help them.

We've brought together information on the funding available in Scotland, including details on Individual Training Accounts.

Check out the <u>SAAS website</u> for helpful guides on what is available, and when.

If they're planning on attending college or university, it might help to contact the institution directly.

You could also attend an open days/information evenings held by colleges and universities throughout the year.

Applying for courses

Whatever they decide to do after school, it helps if you understand the application process.

We've developed a guide to applying for college and university - information on UCAS, personal statements, application forms and college interviews.

If they're applying to study law, medicine or dentistry, they'll have to sit aptitude tests beforehand.

Find out more at:

- **UKCAT** the **UK** Clinical Aptitude Test
- LNAT the Law National Aptitude Test

St Mathews Academy also offer a school blog where further information can be accessed.

This can be found at:

https://blogs.glowscotland.org.uk/na/stmatthewsacademydyw/

